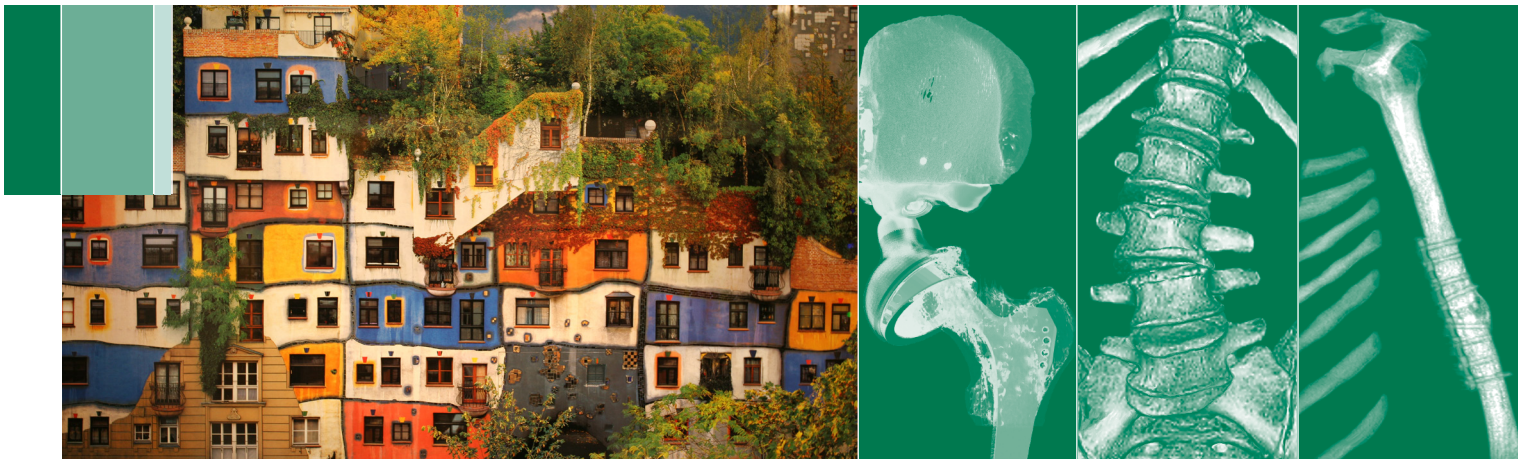


# 21<sup>st</sup> EFORT Congress 2020

Abstract submission deadline  
15 November 2019

Early registration deadline  
28 February 2020



## Call for abstracts & first announcement

Vienna, Austria

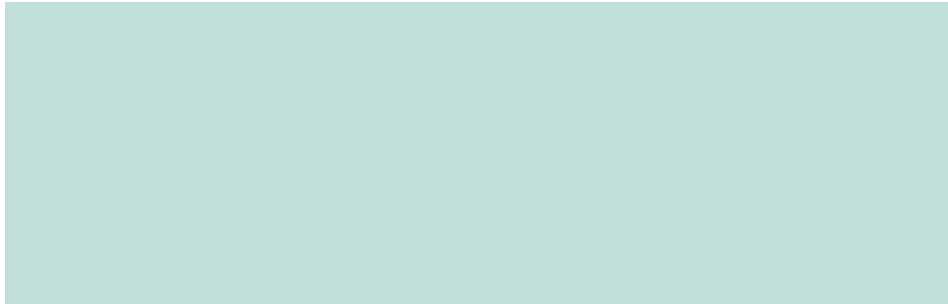
10–12 June 2020

Main theme: Harmonisation and Diversity

 #EFORT2020



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## CONTACTS

### GENERAL ORGANISATION

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[www.efort.org](http://www.efort.org)

### PROFESSIONAL CONGRESS ORGANISATION

Congrex Switzerland Ltd.

Peter Merian-Strasse 80

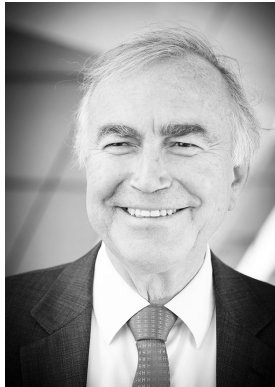
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# Welcome from EFORT



Prof. Dr. Philippe Neyret  
EFORT President 2019/2020



Prof. Dr. Søren Overgaard  
EFORT Chairman Science Committee

Dear Participants,

It will be a great pleasure to welcome you to Vienna in Austria for this 21<sup>st</sup> EFORT Annual Congress taking place from 10 to 12 June 2020.

The scientific programme is balanced in all areas of orthopaedic surgery. Everyone of you will find new trends in orthopaedic surgery but also the basics of good practice. The congress will focus on education and evidence based medicine, as well as recent research. The abstracts undergo a thorough process of review which guarantees a level of high quality. The inclusive approach for the development of the programme and the active participation from the EFORT member societies and Specialty Societies is a determining factor.

We are honored to welcome APOA, the Asia Pacific Orthopaedic Association, who will be our Invited Association as art of the EFORT invited nation programme this year and who will bring features of Orthopaedics and Traumatology from Asia.

Our main theme is "Harmonisation and Diversity".

Diversity in Europe is not only a matter of language, but also cultural and educational. It is expressed through different practices from one country to another. Harmonisation becomes necessary when it comes to the standard of knowledge, as reflected in curricula Et syllabus. These minimum requirements have no reason to be different in southern, northern or eastern Europe. While diversity is a source of wealth, standardisation prevents creativity. We therefore advocate for harmonisation that respects diversity. The absolute priority between harmonisation and diversity remains the safety of patients; the latter leaving room for controlled and evaluated innovation.

This theme will also be featured during the presentations of the two world-renowned speakers, Doctor Walch and Doctor Fu, who will give respectively the Erwin Morscher and Michael Freeman Honorary Lectures.

On that same note, the social programme will take into account the many cultural differences that characterise the charm of Europe. Take the opportunity to visit the city of Vienna, with its encompassing architecture of modern buildings and magnificent historical monuments. And why not attend a performance of a philharmonic orchestra as the ultimate expression of harmonisation of talents?

We look forward to seeing you in Vienna for the 21<sup>st</sup> EFORT Congress in 2020.

A handwritten signature in black ink, appearing to read 'Philippe Neyret'.

Prof. Dr. Philippe Neyret  
EFORT President 2019/2020

A handwritten signature in black ink, appearing to read 'Søren Overgaard'.

Prof. Dr. Søren Overgaard  
EFORT Chairman Science Committee

## NATIONAL MEMBER SOCIETIES

Albania	AAOST	Albanian Association of Orthopaedic Surgery and Traumatology
Austria	ÖGO	Austrian Society of Orthopaedics and Orthopaedic Surgery
Belarus	BRSMTOS	Belarus Republic Scientific Medical Society of Trauma and Orthopedic Surgeons
Belgium	BVOT	Belgian Association of Orthopaedics and Traumatology
Belgium	SORBCOT	Belgian Royal Society of Orthopaedic Surgery and Traumatology
Bosnia and Herzegovina	UOTBIH	Association of Orthopedists and Traumatologists of Bosnia and Herzegovina
Bulgaria	BOTA	Bulgarian Orthopaedics and Traumatology Association
Croatia	COTA/HUOT	Croatian Orthopaedic and Traumatology Association
Croatia	CrOS	Croatian Orthopaedic Society of the Croatian Medical Association
Cyprus	CAOST	Cyprus Association of Orthopaedic Surgery and Traumatology
Czech Republic	CSOT	Czech Society for Orthopaedics and Traumatology
Denmark	DOS	Danish Orthopaedic Society
Estonia	ETOS	Estonian Orthopaedic Society
Finland	SOY-FOA	Finnish Orthopaedic Association
Republic of North Macedonia	MAOT	Macedonian Association of Orthopaedics and Traumatology
France	SOFCOT	French Society of Orthopaedic Surgery and Traumatology
Germany	DGOU	German Society of Orthopaedics and Traumatology
Greece	HAOST	Hellenic Association of Orthopaedic Surgery and Traumatology
Hungary	MOT/HOA	Hungarian Orthopaedic Association
Iceland	IBF	Icelandic Orthopaedic Society
Ireland	IOA	Irish Orthopaedic Association
Italy	SIOT	Italian Society of Orthopaedics and Traumatology
Kosovo	KSOTS	Kosovo Society of Orthopaedics and Trauma Surgeons
Lithuania	LSOT/LOTD	Lithuanian Society of Orthopaedics and Traumatology
Luxembourg	SLOT	Luxembourgian Society of Orthopaedics and Traumatology
Malta	AOTSM	Association of Orthopaedic and Trauma Surgeons of Malta
Montenegro	AMOT	Association of Orthopaedics and Traumatologists of Montenegro
Netherlands	NOV	Dutch Orthopaedic Association
Norway	Nof	Norwegian Orthopaedic Association
Poland	PTOITR	Polish Orthopaedic and Traumatologic Society
Portugal	SPOT	Portuguese Society of Orthopaedics and Traumatology
Romania	SOROT	Romanian Society of Orthopaedics and Traumatology
Serbia	SOTA	Serbian Orthopaedic Trauma Association
Slovakia	SOTS	Slovak Orthopaedic and Traumatologic Society
Slovenia	SOA/ZOSZD	Slovenian Orthopaedic Society
Spain	SECOT	Spanish Orthopaedic and Traumatology Society
Sweden	SOF	Swedish Orthopaedic Association
Switzerland		Swiss Society of Orthopaedics and Traumatology (swiss orthopaedics)
Turkey	TSOT/TOTBID	Turkish Society of Orthopaedics and Traumatology
Ukraine	UAOST	Ukrainian Association of Orthopaedic Surgeons and Traumatologists
United Kingdom	BOA	British Orthopaedic Association

## ASSOCIATED SCIENTIFIC SOCIETIES

Armenia	AOTRA	Association of Orthopaedists, Traumatologists and Rehabilitologists of Armenia
Australia	AOA	Australian Orthopaedic Association
Azerbaijan	AAOT	Azerbaijan Association of Orthopaedics and Traumatology
Bangladesh	BOS	Bangladesh Orthopaedic Society
Cameroon	CSOST	Cameroonian Society of Orthopaedics and Trauma Surgery
Egypt	EOA	Egyptian Orthopaedic Association
Iran	POTA	Persian Orthopaedic Trauma Association
Israel	IOA	Israeli Orthopaedic Association
Jordan	JOA	Jordanian Orthopaedic Association
Lebanon	LOA	Lebanese Orthopaedic Association
Mexico	FEMECOT	Mexican Federation of Orthopaedics and Traumatology Colleges
Northern Europe	NOF	Nordic Orthopaedic Federation
Saudi Arabia	SOA	Saudi Orthopaedic Association

## SPECIALTY SOCIETIES

Specialty Society Sessions form an integral part of each EFORT Congress.

EFORT would like to take this opportunity to thank already the Specialty Societies that will be involved in the 21<sup>st</sup> EFORT Congress in Vienna for their valuable input and active contribution to the scientific programme.

# Call for abstracts



Submit your abstract: 16 September – 15 November 2019 23:59 CET  
<https://scientific.efort.org/efort2020>

## ABSTRACT SUBMISSION

The abstract submission system is accessible through the EFORT Congress portal at <https://congress.efort.org> from 16 September 2019.

EFORT does not accept resubmissions. Only abstracts submitted electronically will be considered.

## CATEGORIES OF ABSTRACT SUBMISSION

<b>TRAUMA</b>
Spine Trauma
Shoulder Et Upper Arm Trauma
Elbow Et Forearm Trauma
Hand Et Wrist Trauma
Pelvic Trauma
Hip Et Femur Trauma
Knee Et Lower Leg Trauma
Foot Et Ankle Trauma
Polytrauma
Paediatric Trauma
Varia Trauma
<b>ORTHOPAEDICS</b>
Spine
Shoulder Et Upper Arm
Elbow Et Forearm
Wrist Et Hand
Pelvis, Hip Et Femur
Knee Et Lower Leg
Foot Et Ankle
Paediatrics Orthopaedics
Musculoskeletal Tumors
Musculoskeletal Infections
<b>GENERAL TOPICS</b>
Basic Sciences
Biomechanics
Implants, Biomaterials Et Registry Studies
Systemic Disorders
Methodology
Health Economy
Education
Quality Management
Miscellaneous

## ONLINE SUBMISSION PROCEDURE

After logging on <https://scientific.efort.org/efort2020> follow the instructions through the system to guarantee a correct and complete submission. Please be aware that a **valid email address and current institution for each co-author** are mandatory. EFORT will communicate with authors via the contact addresses given during the submission process.

Abstracts must correspond to previously unpublished work. EFORT reserves the right to reject your abstract if previously presented. Submission is defined by an initial branching to differentiate Clinical Research vs. Basic Science abstracts and Systematic Reviews. Please choose carefully your main category. Submitters define the type of presentation i.e. Free Paper (Podium), Clinical Report (Podium) or Poster (Paper Wall Posters) wished. EFORT reserves the right to change the main category and/or the type of presentation of your abstract(s).

There is no restriction on the number of abstracts submitted by a unique author or research group, but each registered participant will have a maximum of six abstracts (three podiums and three posters) accepted.

**Double submissions are automatically withdrawn.**

Submitters can edit the authorship information and core data of their abstract(s) directly on the online platform until the submission deadline. For technical support and further abstract requests, please directly contact the EFORT Abstract Team at [scicom@efort.org](mailto:scicom@efort.org).

## INFORMATION ON ABSTRACT ACCEPTANCE

Authors and co-authors will receive acceptance/rejection notifications on **Friday 31 January 2020**. The presenting author of a selected abstract must undertake to attend the Congress and present the abstract in the session and at the time designated by the EFORT Science Committee. **EFORT requires each presenting author to complete his/her full registration to the congress to validate his/her abstracts in the final scientific programme.** Deadline for registration of presenting authors is **Friday 28 February 2020, 23:59 CET**.

## ORAL PRESENTATIONS

Abstracts accepted as Free Papers are presented orally within scientific sessions embedded in the core Congress programme. Very high scientific quality is expected from these presentations, which should correspond to complete studies with outstanding results and innovative conclusions. To ensure that sessions run smoothly, please refer to the Presentation Guidelines available online. The best-rated Free Papers under both Orthopaedics and Trauma main categories will be selected to compete in the Free Paper Award competition and will receive specific guidelines.

## POSTER PRESENTATIONS

All abstracts accepted as Posters will be presented at the Congress as print wall paper posters. Authors are welcome to add images, tables and detailed data to better document their work. A large display area will be dedicated to poster presentations and Poster Walks will be organised during the Congress to have posters evaluated. To ensure the correct format for poster display, please refer to the Poster Guidelines available online. Best-rated Posters will compete for the Jacques Duparc Award and will receive specific guidelines.



# The Congress at a glance

## Important dates to remember

### CONGRESS DEADLINES

Abstract submission opens	16 September 2019
Abstract submission closes	15 November 2019 <b>23:59 CET</b>
Email communications of abstract acceptance status	31 January 2020
Deadline registration presenting authors	28 February 2020
Advanced scientific programme available online	15 March 2020

### PRELIMINARY CONGRESS SCHEDULE

09 June Tuesday	10 June Wednesday	11 June Thursday	12 June Friday
14.00 - 18.00 Registration	Morning sessions 08.30-10.00	Morning sessions 08.00-09.30	Morning sessions 08.00-09.30
	Industry Break	Industry Break	Industry Break
Exhibition 09.00 - 17.30	Morning sessions 10.30-11.30	Morning sessions 10.00-11.00	Morning sessions 10.00-11.00
	Opening Session 11.30 - 12.45	Morning sessions 11.15-12.15	Morning sessions 11.15-12.15
	13.00 - 14.45 Industry Lunch Symposia	Honorary Lecture	Honorary Lecture
	Afternoon sessions 15.00-16.30	Afternoon sessions 13.00-14.30	13.00- 14.45 Industry Lunch Symposia
	Industry Break	Industry Break	Afternoon sessions 15.00-16.30
	Afternoon sessions 17.00-18.30	Afternoon sessions 15.00-16.30	Industry Break
		16.30 - 18.30 Industry Symposia	Afternoon sessions 17.00-18.30

### THE EXPERTS CONTRIBUTION

EFORT aims to provide worthy scientific guidance via the presentation of well-established medical techniques and new evidence in emerging fields. Renowned experts will discuss their procedures, the rationale for their decisions, as well as their successes and failures, bringing their international experience to your reach.

The EFORT scientific sessions are therefore training programs with high scientific value for the prevention and treatment of diseases and injuries of the musculoskeletal system. Your participation to our upcoming 2020 Congress is the best opportunity to identify new data related to your specialty, gather useful tips and tricks to enhance your daily medical achievements and expand your professional network.



### SESSIONS

- Complex Case Discussions
- Debate Fora
- Evidence-Based Medicine Sessions
- Honorary Lectures
- Interactive Expert Exchange Sessions
- Instructional Lectures
- Symposia
- Free Paper Sessions
- Wall Poster Sessions/Poster Walks
- Clinical Reports Sessions

### FEATURED PROGRAMMES

- Full-Day in Total Hip & Total Knee Replacement
- Comprehensive Review Course
- NORE Session
- Publishing Session
- Invited Nation Symposium

### HIGHLIGHTS

- Safety: Implants & Treatments
- Prophylaxis & Treatment Of Infections
- Non-surgical Treatment
- Artificial Intelligence
- Augmented Reality In Training
- Robotic & Computer-assisted Surgery
- Individualized Medical Management
- Novel Diagnostics & Genomics
- European Diversity
- Outcome Research In The Diversity
- Registries & Harmonisation
- Risk Management
- Translating Research Into Practice

### PRELIMINARY EXHIBITION SCHEDULE

Wednesday 10 & Thursday 11 June 2020	09.00 – 17.30
Friday 12 June 2020	09.00 – 17.00



## A CITY OF RICH CULTURAL AND HISTORICAL HERITAGE

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The Austrian capital is world-famous for its rich cultural and historical heritage that can be sampled in the 100 museums or just by strolling the streets of the old city centre that belongs to the UNESCO world cultural heritage. Vienna is known as one of the music capitals of the world. There is no other city where so many famous composers have lived, and music tradition is kept alive in Vienna's famous opera house and concert halls. Modern musicals have replaced the old operetta, with two theatres devoted to this genre alone. Nowadays Vienna is also known as a modern art centre and a city with a very high quality of life. In addition to sites of historical interest the city offers fine examples of innovative architecture, fashionable shopping areas, and moreover samples of Viennese lifestyle in its traditional coffee houses, the Heurigen (wine taverns), trendy bars, sausage vendors and discos.

### ■ Headquarter City

Vienna is one of the 4 official seats of the United Nations and home to 15 UN organizations, OSZE and OPEC, as well as 18 other international organizations. 200 international corporations have their Eastern European headquarters in Vienna (incl. JVC, Heineken, Henkel, Beiersdorf, Siemens) in addition to Austrian companies of global significance (e.g. Wienerberger AG, OMV). Every year, over 100 international companies open a branch office in Vienna.

### ■ Knowledge City

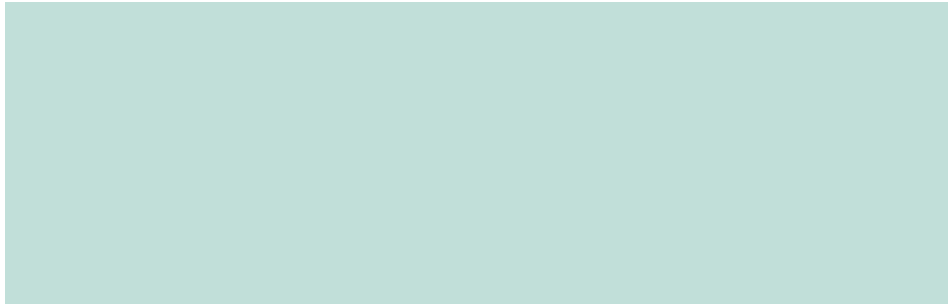
Over 34,000 people work in Vienna in the field of research and development, 43% of all research activities in Austria take place in Vienna. The city has 9 public universities, 5 advanced technical colleges and 6 private universities, with a population of over 160,000 students, the largest university city in the German-speaking region.

### ■ Diverse City

Formerly the capital of a multicultural and multilingual empire, Vienna has retained its international flair. 570,000 people of international origins from 198 countries live in Vienna, 200,000 from EU Member States. 49% of Viennese have a migrant background (either personally born outside of Austria or with at least one parent born elsewhere).







## VENUE

### Reed Messe Wien Exhibition & Congress Center – Entrance A

Messeplatz 1  
Postfach 277  
A-1021 Vienna  
Tel. +43 1 727 20 0 | [www.messecongress.at](http://www.messecongress.at)

## GETTING AROUND

Vienna International Airport, Wien-Schwechat, is located just outside the city of Vienna, a few kilometers southeast of the Schwechat suburb.

### ■ By car

GPS: 1020 Vienna, Ausstellungsstrasse or Trabrennstrasse

- From the South, take the motorway Südbahn A2 – Südosttangente A23 direction Praha/Brno – exit at Handelskai/Messezentrum.
- From the East, take the motorway Ostautobahn A4 / Südosttangente A23 direction Praha/Brno – exit at Handelskai/Messezentrum.
- From the West, take the motorway Westautobahn A1 – at the Steinhäusl junction take Außenringautobahn A21 – then, at the Vösendorf / Südosttangente junction take the A23 direction Praha/Brno – exit at Handelskai/Messezentrum.
- From the North, follow the motorway Donauuferautobahn A22 – exit at Reichsbrücke direction Zentrum – after the bridge, turn left at the first traffic light into Vorgartenstraße and drive to the junction to Ausstellungsstraße.

### ■ By Airport Train – CAT

The City Airport Train / CAT takes just 16 minutes direct from central Vienna to the airport and vice versa. The CAT operates daily from 05.37 am to 23.39 pm, every 30 minutes. The City Airport Train station is just 10 minutes from St. Stephan's Cathedral at Wien Mitte station, which can be reached easily by tram, underground, bus or taxi.

To reach the Congress Center from Wien Mitte station, take the U4 line in direction Heiligenstadt, get out at Schottenring, take the U2 line in direction Seestadt and get off at stop Messe/Prater.

The Congress Entrance is the Entrance A

### ■ Regional Buses

Vienna Airport Lines (Postbus) connects Vienna Airport with the main Vienna transport hubs. The 3 Vienna Airport Lines serve all of Vienna's underground railway lines and also Wien West and Wien Meidling railway stations. Buses to the city centre (Morzinplatz/Schwedenplatz) run 24 hours a day; journey time is 20 minutes. See the airport map to locate the departure points at the airport.

### ■ Taxi

Taxi stands are located outside the arrival terminals. It takes around 20-25 minutes to the city centre.

## HOW TO REACH THE CONGRESS CENTER

### ■ Public Transport within Vienna to Reed Messe Wien Exhibition & Congress Center

Vienna has an excellent Public Transport System which is very effective and inexpensive. Tickets are available from machines at underground stations (maestro debit cards accepted), at news agent's, or at Vienna Transport Authority's ticket offices.

Tickets bought in advance are cheaper and must be punched in a blue ticket cancelling machine on the tram or bus, or at the barrier before boarding the underground train.

You can reach Messe Wien Exhibition & Congress Center using either:

- metro line U2 from Karlsplatz direction Seestadt, **exit at the station Messe/Prater**. The station Messe/Prater is just a short walk from Reed Messe or;
- bus lines 11A from Heiligenstadt and line 80b from Kaiserebersdorf direction Seestadt, stop Messe/Prater or;
- tramway line D direction Südbahnhof to Schottentor and tramway line 5 direction Praterstern to Praterstern, change there to U2 metro line.

# Hotel registration



## HOTEL ACCOMMODATION

Congrex Switzerland is the official congress partner for hotel accommodation and is the only agency offering accommodation on behalf of the 21<sup>st</sup> EFORT Congress. Hotels occasionally publish online or last-minute promotion rates for a limited number of rooms which may vary from the prices contracted for this congress.

As the official EFORT 2020 partner, Congrex Switzerland offers highly dedicated customer service and professional support for all your accommodation needs. We can offer you great deals in a wide range of hotels in the vicinity of the congress venue and all over the city of Vienna. Early booking is highly recommended as rooms typically sell fast in prime locations and hotels have limited capacities.

## HOW TO BOOK YOUR ACCOMMODATION

In order to make a hotel reservation, please:

- access the congress website: [www.efort.org/vienna2020](http://www.efort.org/vienna2020). Click "Accommodation" to make your preliminary choice
- access the registration platform and choose your hotel accommodation.

## INDIVIDUAL RESERVATIONS

Participants can book their hotel room online and payment by credit card (Visa, Mastercard or American Express) is mandatory.

## GROUP RESERVATIONS

Group bookings cannot be made online as different terms and conditions apply. For further information, up-to-date availability and reservation, please contact us at [hotel.efort@congrex.com](mailto:hotel.efort@congrex.com).

## PAYMENT POLICY

For online reservations full credit card payment is required. After a successful reservation, you will receive a written confirmation by e-mail. When checking out, all extras (mini-bar, telephone charges, room service, etc.) must be settled with the hotel directly.

## TERMS & CONDITIONS

### • Cancellations

For cancellations made **before 11 March 2020**, a handling fee of EUR 60 applies. Cancellations received **after 11 March 2020** will be charged in full. Cancellations of individual nights (i.e. date changes) are also considered as cancellations and will be charged as such. Requests for refunds may be considered after the conference if the room has been resold (either by Congrex or the hotel).

### • Name Changes

Changes can be made via Congrex Switzerland at [hotel.efort@congrex.com](mailto:hotel.efort@congrex.com) and are subject to a handling fee of EUR 30.

For HOTEL and GROUP BOOKINGS,  
please contact the official accommodation partner:

Congrex Switzerland Ltd.  
Peter Merian-Strasse 80  
4002 Basel  
Switzerland

Phone: +41 (0)61 690 94 11

Fax: +41 (0)61 690 94 14

Email: [hotel.efort@congrex.com](mailto:hotel.efort@congrex.com)



**WARNING:** There is an increasing number of fraudulent websites impersonating the 21<sup>st</sup> EFORT Congress.

We would like to warn all participants to be aware of possible scams and strongly advise that you only use the official accommodation partner, Congrex Switzerland, when making reservations.





 #EFORT2020

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[www.efort.org/linkedin](http://www.efort.org/linkedin)



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[www.efort.org/twitter](http://www.efort.org/twitter)



[www.efort.org/youtube](http://www.efort.org/youtube)