

# Hiranandani Orthopaedic Medical Education (HOME)

Orthopaedic Division of

Dr L H Hiranandani Hospital, Mumbai



In association with

Biological Orthopaedic Society, USA

Presents

## International Biologic Orthopaedic Meet 2012

# IBOM 2012

A scientific meeting dedicated to the use of biological therapy in  
Orthopaedics and Sports Medicine

Date: 9 March 2012

Venue: Westin Hotel, Mumbai

### Faculty



Course Chairman  
Dr. Vijay Shetty



Dr. Nicholas Antao



Dr. Mandeep Dhillon



Dr. Sanjeev Jain



Dr. Ananth Joshi



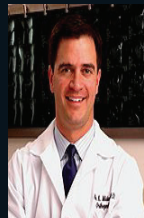
Dr. Ashok Johari



Dr. Vikas Khanduja



Prof. Nicola Maffulli



Dr. Allan Mishra



Dr. Dinshaw Pardiwala



Dr. Khay-Yong SAW



Dr. Suvin Shetty



Dr. Richard Villar



# IBOM 2012

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Dear Colleagues,

We are proud to host India's First International Biologic Orthopaedic Meet (IBOM 2012) to be held at the Westin Hotel, Mumbai on the 9th March 2012. This meeting is a result of combined efforts of Hiranandani Orthopaedic Medical Education (HOME) an orthopaedic division of the Dr. L H Hiranandani Hospital, Mumbai and the Biological Orthopaedic Society, USA.

Biological Orthopaedic therapy is fast becoming a very popular treatment option in Orthopaedics and Sports Medicine worldwide. A number of options including platelet-rich plasma (PRP) therapy, autologus chondrocyte implantation (ACI) and stem cell therapy are available to the treating orthopaedic surgeon today. However, the therapy is still in it's infancy in India. Through IBOM 2012, we aim to learn more and exchange ideas. The ultimate goal is to share what we are learning, to compare results, collaborate on promising treatments, and disseminate this important information to the orthopaedic community at large.

This meeting includes didactic lectures from very eminent National and International faculty who have dedicated quite a lot of their time into this field. There is plenty of opportunity for interactive sessions and networking. Please note that we have limited registrations.

We welcome you all to this meeting and urge that you make the most of it. Looking forward to meeting you all in March 2012.



Very Best Wishes

Dr. Vijay Shetty

Organising Committee Chairmain

## Key Program Highlights

- Biologics in orthopaedics: what is new and what is true?
- Platelets in plasma: bigger the better?
- The other "P" in platelet rich plasma
- Stem cells: what is there in a name?
- Unusual invasion of usual joints for application of biological therapy
- The future: engineering the optimal regenerative material on demand

## Who Should attend:

Doctors, Sports Doctors, Physiotherapists, Sports Consultants, Coaches & Orthopaedic Surgeons

For faculty profile and other IBOM 2012 Meeting updates

Please Visit

[www.ibom.co.in](http://www.ibom.co.in)



**Hiranandani  
Hospital**

*Your Family Superspeciality Hospital™*

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## Lead Partner



**Hiranandani  
Hospital**

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## Showcase Partners



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*indiaheartbeat.com*

## Event Managed by



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Hospital**

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# IBOM 2012

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8:30 - 9:30  
9:30 - 10:00

**Breakfast & registration**  
**Inauguration by Managing trustee & CEO**

**Session I: The Problem and Basic Science**

Moderators: Dr. Ashok Johari and Dr. Richard Villar

10:00 - 10:10

**What is the Problem?**

**TBA**

10:10 - 10:20

**The radiology of cartilage and soft tissue injuries**

**Dr. Vikas Khanduja**

10:20 - 10:30

**The science of biological therapy**

**Dr. Allan Mishra**

10:30 - 10:40

**Biologics in sports medicine**

**Prof. Nicola Maffuli**

10:40 - 11:00

**Discussion**

11:00 - 11:30

**Networking Tea and Coffee**

**Session II: Tendon and Ligament Injuries**

Moderators: Dr. Sanjeev Jain and Dr. Jaspal Sandhu

11:30 - 11:40

**Tendinopathies**

**Prof. Nicola Maffuli**

11:40 - 11:50

**Ligament injuries in general**

**Dr. Dinshaw Pardiwala**

11:50 - 12:00

**Peripheral blood stem cell harvesting and its application  
in musculoskeletal system**

**Dr. Yong Saw**

12:00 - 12:10

**Ligament reconstruction around the knee**

**Dr. Ananth Joshi**

12:10 - 12:30

**Discussion**

**Session III: Articular Cartilage and Bone Injuries**

Moderators: Dr. Ramanathan and Dr. Dinshaw Pardiwala

12:30 - 12:40

**Articular cartilage reconstruction**

**Dr. Yong Saw**

12:40 - 12:50

**Autologous chondrocyte implantation**

**Dr. Ananth Joshi**

12:50 - 13:00

**Mosaicplasty**

**Dr. Nicholas Antao**

13:00 - 13:10

**Arthroscopic management of articular cartilage lesions  
in the hip**

**Dr. Richard Villar**

13:10 - 13:30

**Discussion**

13:30 - 14:30

**Networking Lunch**

**Session IV: The Biological Solution: Platelet rich plasma, Stem cells and autologous chondrocytes**

Moderators: Dr. Ananth Joshi and Dr. Prachi Sansare

14:30 - 14:40

**Regenerative medicine and orthopaedic surgery**

**Dr. Allan Mishra**

14:40 - 14:50

**Platelet rich plasma in early osteoarthritis**

**Dr. Mandeep Dhillon**

14:50 - 15:00

**Sports medicine application of platelet rich plasma**

**Dr. Allan Mishra**

15:00 - 15:10

**PRP: Panacea?**

**Prof. Nicola Maffuli**

15:10 - 15:30

**Discussion**

15:30 - 15:50

**Networking Tea and Coffee**

**Session V: The Surgical Solution: Hip arthroscopy**

Moderators:

15:50 - 16:00

**The athlete's hip**

**Dr. Richard Villar**

16:00 - 16:10

**Hip Arthroscopy for Femoroacetabular Impingement**

**Dr. Vikas Khanduja**

16:10 - 16:20

**Is hip Arthroscopy just for athletes?**

**Dr. Richard Villar**

16:20 - 16:30

**Arthroscopic fibrin fixation of chondral lesions**

**Dr. Richard Villar**

16:30 - 16:50

**Discussion**

**Session VI: What is new and what is true: The future**

Moderators:

16:50 - 17:00

**Tissue Engineering**

**Dr. Vikas Khanduja**

17:00 - 17:10

**PRP: HOME report**

**TBA**

17:10 - 17:20

**A randomized control trial comparing post op  
intra-Articular injections of HA versus HA +PBSC  
following arthroscopic subchondral drilling**

**Dr. Yong Saw**

17:20 - 17:30

**Biologics: what is new and what is true**

**Prof. Nicola Maffuli**

17:30 - 17:50

**Discussion**

17:50 - 18:00

**Vote Of Thanks**



# IBOM 2012

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## Delegate Registration Form

### Delegate Information

Name: \_\_\_\_\_

Designation: \_\_\_\_\_

Direct Phone / Extn: \_\_\_\_\_

Email: \_\_\_\_\_

Name: \_\_\_\_\_

Designation: \_\_\_\_\_

Direct Phone / Extn: \_\_\_\_\_

Email: \_\_\_\_\_

Name: \_\_\_\_\_

Designation: \_\_\_\_\_

Direct Phone / Extn: \_\_\_\_\_

Email: \_\_\_\_\_

For more delegates, please send delegate information on another page

Company: \_\_\_\_\_

Address: \_\_\_\_\_

Your Signature & Company Seal

This booking is invalid without a signature.

Date: \_\_\_\_\_

### Travel Information:

#### Westin Hotel

International Business Park,

Oberoi Garden City,

Behind Oberoi Mall.

Goregaon (East)

Mumbai, Maharashtra 400063 . India

Tel: +91-22-61470000

Completed contracts can be e-mailed to:

Email: [reg@ibom.co.in](mailto:reg@ibom.co.in)

For more details please contact:

Prasanna Arumugam

Tel: +91- 22 - 32951668

Mobile: +91 - 77385 91690

Email: [prasanna@ibom.co.in](mailto:prasanna@ibom.co.in) or

Visit us at [www.ibom.co.in](http://www.ibom.co.in)

### Delegate Package

Delegate Fees INR 1500 + 10.3% Service Tax

Fees will include:

**Breakfast**

**Lunch**

**Morning & Evening Refreshments**

**Delegate Kit**

Authorized by :

Signatory must be authorized to sign on behalf of contracting organization

Name: \_\_\_\_\_

Designation: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Email: \_\_\_\_\_