



# 33<sup>rd</sup> Indian Association of Sport Medicine Congress

November - 19th to 20th, 2011  
CHANDIGARH



## First Announcement and Call for Papers

Venue :  
Bhargava Auditorium,  
PGIMER, Chandigarh

Organized by  
Department of Orthopaedics  
Postgraduate Institute of Medical Education  
and Research, Chandigarh



The 33<sup>rd</sup> Indian Association and Medicine Congress is being held from the 18<sup>th</sup> to 20<sup>th</sup> of November, 2011 at the Postgraduate Institute of Medical Education and Research, Chandigarh. It is being organized in the City Beautiful by the Department of Orthopaedics, PGIMER, Chandigarh and the Prof. D.S. Grewal Memorial Orthopaedics Society.

This congress is an annual feature of the Indian Association of Sport Medicine. This two day conference plus Pre-conference Workshops on Friday 18th November, 2011, will have the august presence of International as well as National renowned faculty.

Due to the popularity of various sports in our country there has also been an exponential increase in the number of sports injuries, sports related medical issues, as well as the number of sports professionals. This Congress aims at targeting those sports scientists, sport medicine specialists, Orthopaedicians, Physiotherapist, Physiologists, and Internists and who are directly involved with these sports professionals. There will be a mix of pre-congress workshops as well as superspeciality session, dealing with all the different aspects of Sports Medicine.

Further details may be obtained from the IASM website : [www.iasm.co.in](http://www.iasm.co.in)



Organizing Chairman

**Prof. M. S. Dhillon**

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Organizing Secretary

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Co-organizing Secretaries

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Presentation Type : a) Oral b) Poster

Thematic Topics

- A) Physiology
  - a) Exercise
  - b) Environment
  - c) Fluid Replacement
  - d) Comparative
  - e) Growth Development
- B) Biomechanics
  - a) Neuromuscular Mechanisms
  - b) Modeling
  - c) Analysis of Sport Techniques
- C) Sports Medicine & Rehab
  - a) Traumatology & Injuries
  - b) Chronic Diseases & exercise
  - c) Pathological Aspects & exercise
  - d) Doping
- D) Nutrition, Biology & Genetics
  - a) Obesity
  - b) Ergogenic Aids
  - c) Substrate Metabolism
- Molecular Biology & Genetics
  - a) Genotype & Environment
  - b) Genes & Performance
  - c) Motivation
- E) Sports Psychology
  - a) Motor behavior & learning
  - b) Personality tests
  - c) Motivation
- F) Sports History & Philosophy
  - a) Ethics & Values
  - b) Olympism
  - c) History of Olympic Games
- G) Orthopaedics aspects of Sports & Arthroscopy
- H) Physical Education
- I) Adapted Physical Activity
- J) Sports Management
- K) Coaching & Sports Performance
  - a) Methods of training
  - b) Overtraining
  - c) Training Models
  - d) Sport Talent
- L) Health & Fitness
  - a) Ageing
  - b) Mental Health
  - c) Kinanthropometry
  - d) Epidemiology
  - e) Special Groups

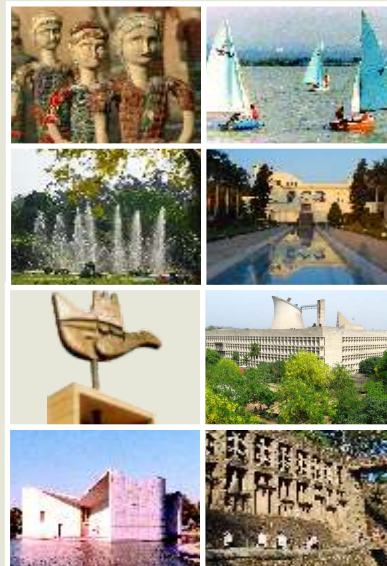
Pre -Conference Workshops

1. Arthroscopy
2. Kineso Taping
3. Doping in Sports
4. Sports Psychology
5. Sports Rehabilitation
6. Team Physician course

About Chandigarh

Chandigarh, the city beautiful is itself an attraction of North India. It is modern city with a well planned architecture designed by a French Architect, Le Carbousier. It is famous for its world famous Rock Garden: a unique single man's creation (Mr. Nek Chand). There are beautiful gardens in and around like Rose garden and Pinjore garden. Hill resorts of Morni, Kasauli, Palace of Chail, Shimla and Manali are destinations in close vicinity of Chandigarh, which may be an added attraction.

The climate in Chandigarh during November is pleasant. Average temperature remains between 22-27°C. Mornings and evenings can be chilly. A light jacket or shawl may be required.



Conference Secretariat

Department of Orthopaedics

Postgraduate Institute of Medical Education and Research, Sector 12, Chandigarh - 160 012

Phone : 0172-2756740 E-mail : pgiortho@gmail.com

## Registration and Information Form

### 33<sup>rd</sup> Indian Association of Sport Medicine Congress

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Please complete and return the form with your registration fee to :

Conference Secretariat

Department of Orthopaedics.

PGIMER, Chandigarh

Contact No. : +91 - 9914209743, +91-99174209748, +91-9914208477

E-mail : drdhillon@gmail.com, drsameer35@yahoo.co.in, sdhatt@yahoo.com

Surname \_\_\_\_\_ Name \_\_\_\_\_

Qualification \_\_\_\_\_

Institute \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Country \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_ Cell \_\_\_\_\_

E-mail (Mandatory) \_\_\_\_\_

Accompanying person(s)

1. Surname \_\_\_\_\_ Name \_\_\_\_\_

Pre-congress course(s) you desire to attend \_\_\_\_\_

Registration fees for Pre-congress workshop would vary from workshop to workshop.

Details may be taken by e-mail from : drdhillon@gmail.com (Prof. M.S. Dhillon)

Registration fees for Conference

Registration fees	Indian Students	Indian Delegate	Foreign Delegates	
Till 30 Sept. 2011	Rs. 1000/-	Rs. 1500/-	FISM/FASM Member	\$50
After 30 Sept. 2011	Rs. 1250/-	Rs. 2000/-	International Delegates	\$ 50
			Spouse	\$ 30

Payment Details

Registration fees : ..... Pre Congress Course fee.....

Accompanying person(s) ..... Total ..... Cheque/ DD no. ....

dated ..... drawn on ..... of Rs.....

favouring "Prof. D.S.Grewal Memorial Orthopaedics Society" A/c payable at Chandigarh or bank transfer to A/C No. 30794986163, 12, IFSC Code : SBIN0001524, Swift Code: SBININBB442 (International)

Signature .....

Date.....

Send the form duly filled along with the Cheque/DD/Proof of Payment to the Secretariat

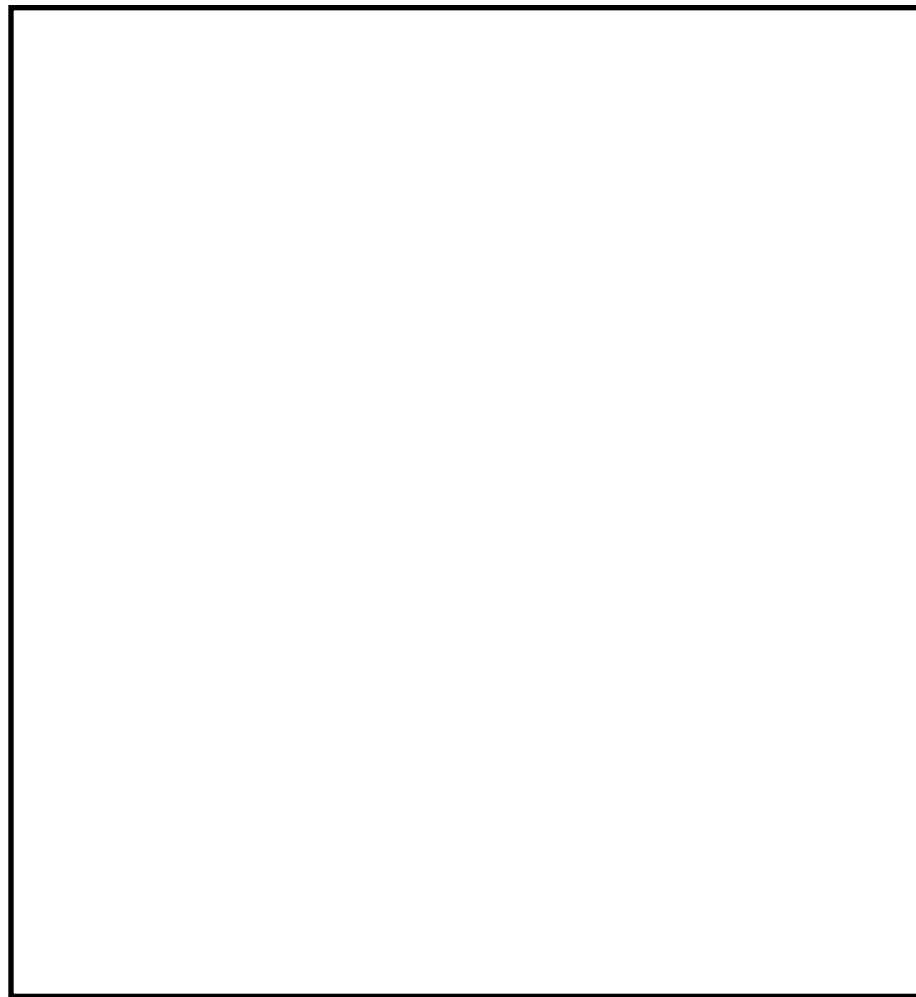
**Abstract Submission Form**  
**33<sup>rd</sup> Indian Association of Sport Medicine Congress**  
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Title \_\_\_\_\_

Authors \_\_\_\_\_

Presenting Authors \_\_\_\_\_

Institute \_\_\_\_\_



Date

Signature